

It's easy to change or cancel your insurance

1. Check

- To review your insurance cover, look at your super statement, log in to the website or call us to find out what insurance you have right now.

2. Choose

- If you decide you need insurance, think about **what type of cover suits you**, your budget and your life stage.
- REMEMBER:** if you do nothing and your account balance hasn't reached \$6,000*, your insurance will be cancelled on **1 April 2020**.

3. Calculate

- Use the **insurance calculator** as a guide on how much insurance cover you need.

4. Adjust

- To change or apply for additional cover or cancel your insurance, log in or give us a call.
- Note:** if you choose to cancel your insurance and later decide to apply for cover, you might need to go through the medical underwriting process for the Insurer to assess your health to restart your cover.

*at some point between 1 November 2019 and 1 April 2020.

[Log in to check your insurance](#)

